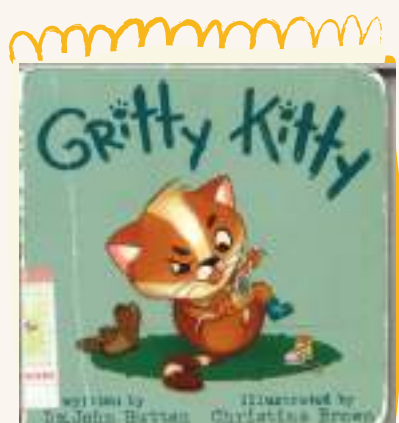


RESILIENCE

Fiction

0-3 YEARS OLD



Gritty Kitty

By: Dr. John Hutton & Christina Brown

Publisher: Cincinnati, Ohio: Blue Manatee Press, 2019

Section: Early Literacy Emergent Readers

Call No: English HUT

Resilience, or "grit," is the ability to keep going through difficult situations. For each, the ability to recover using inner strength and family support is a strong predictor of healthy development and success in school and life. The American Academy of Pediatrics and American Psychological Association recommend ways to help children become more "gritty."



One More Time: A Story about Perseverance

By: Nancy Loewen & Hazel Quintanilla

Publisher: London: Words & Pictures, 2019

Section: Early Literacy Emergent Readers

Call No: English LOE

Whee! Whoa! Whoops! Ready to try again? *One More Time* introduces and develops the idea of perseverance for children aged 1-3. A boy gets a beautiful, blue scooter for his birthday. At first he falls, but after about 'a bazillion' tries, he learns the benefits of perseverance.



Sometimes You Fly

By: Katherine Applegate & Jennifer Black Reinhardt

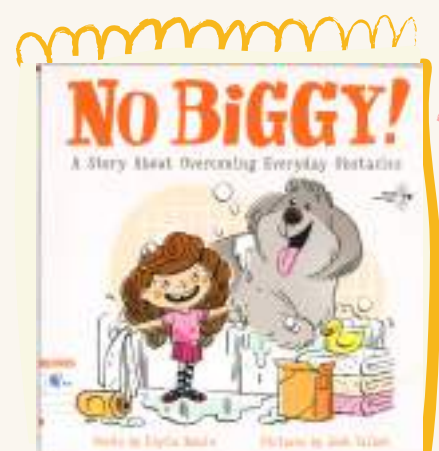
Publisher: Boston, MA: Houghton Mifflin Harcourt, 2018

Section: Early Literacy Poetry & Rhymes

Call No: English APP

Illustrations and simple, rhyming text remind the reader that any achievement may be preceded by mistakes, and learning from them makes accomplishments sweeter.

4-6 YEARS OLD



No Biggy! : A Story About Overcoming Everyday Obstacles

By: Elycia Rubin & Josh Talbot

Publisher: Rodale Kids, an imprint of Rodale Books, 2018

Section: Early Literacy Picture Books

Call No: English RUB

Getting frustrated is part of life! And, whether Kiki is working on squeezing toothpaste right onto her toothbrush, getting the zipper to slide all the way up her jacket, or spreading cream cheese on a bagel, she learns that taking a deep breath, saying "No Biggy!" and trying again helps manage frustration.



Hang In There!

By: Sabrina Moyle & Eunice Moyle

Publisher: New York, NY: Abrams Appleseed, an imprint of ABRAMS, 2022

Section: Early Literacy Picture Books

Call No: English MOY

One thing after another goes wrong on Cat's cat-astrophic day — but with reassuring support from her friends and a paws-itive outlook, she just may be able to keep things in purr-spective.



The Magical Yet

By: Angela DiTerlizzi & Lorena Alvarez

Publisher: New York: Little, Brown and Company, 2020

Section: Early Literacy Picture Books

Call No: English DIT

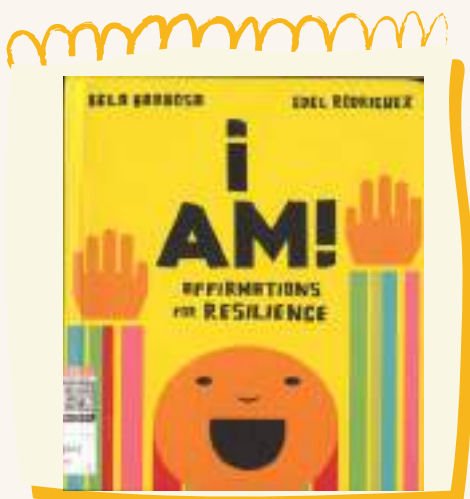
New things can be tricky, but don't fret — it's time to make friends with the Magical Yet. With the Yet as your guide, along the way, you'll do all the things you can't do today.

The copyright to all book covers belongs to the relevant publishers or illustrators.

RESILIENCE

Non-Fiction

0-3 YEARS OLD



I Am!: Affirmations for Resilience
By: Bela Barbosa & Edel Rodriguez
Publisher: New York: Rise x Penguin Workshop, 2020
Section: Early Literacy Emergent Readers
Call No: English 155.4 BAR

Ten relatable emotions are each followed by a centering exercise and a positive affirmation to be recited, as a practice in mindfulness. Young readers are encouraged to find their inner strength by recognizing and addressing their emotions, instilling a sense of power and self-confidence.



Future Engineer
By: Lori Alexander & Allison Black
Publisher: New York, NY: Cartwheel Books, an imprint of Scholastic Inc., 2019
Section: Early Literacy Emergent Readers
Call No: English 620.0092 ALE

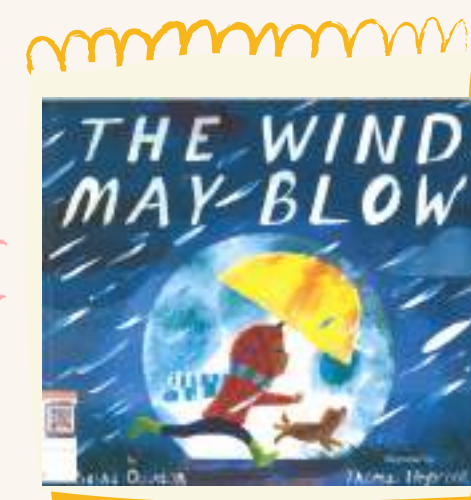
This board book shows how the babies of today could become the engineers of tomorrow.

4-6 YEARS OLD



When Things Get Tough: Overcoming Obstacles
By: Alyssa Krekelberg
Publisher: Mankato, MN: The Child's World, 2021
Section: Early Literacy Picture Books / Non-Fiction
Call No: English 153 KRE

This book shares three stories of children learning how to overcome obstacles. Vibrant and colorful photos help tell the stories.



The Wind May Blow
By: Sasha Quinton & Thomas Hegbrook
Publisher: Wilton, CT: Tiger Tales, 2021
Section: Early Literacy Picture Books / Non-Fiction
Call No: English 158.1 QUI

Celebrates every parent's wish for his or her child to be able to handle the challenges that life presents, reminding young readers that they are strong and smart and can figure out a solution to every tricky situation that they may face.



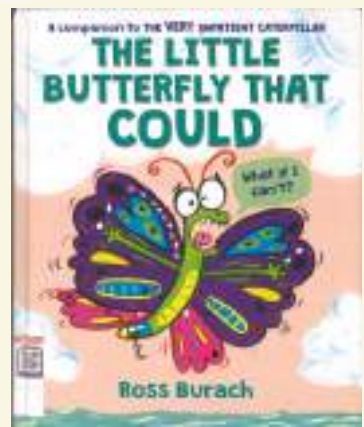
Visit our discoverReads page for reading activities!
<https://go.gov.sg/i-can-read>

The copyright to all book covers belongs to the relevant publishers or illustrators.

RESILIENCE

eBooks

4-6 YEARS OLD



The Little Butterfly That Could

By: Ross Burach

Publisher: New York: Scholastic Press, 2021

Section: Early Literacy Picture Books

Call No: English BUR

OverDrive Link:

<https://nlb.overdrive.com/media/6076637>

This comical companion to Ross Burach's "The Very Impatient Caterpillar" pays loving homage to every child's struggle to persist through challenges while also delivering a lighthearted lesson on butterfly migration. Remember, if at first you don't succeed, fly, fly again



Trying Again

By: Emily Arrow & Kayla Stark

Publisher: North Mankato, MN: Cantata

Learning, 2020

Section: Early Literacy Picture Books / Non-Fiction

Call No: English 155.4 ARR

OverDrive Link:

<https://nlb.overdrive.com/media/5414655>

Have you ever tried something that didn't work? Did you give up, or did you give it another try? When things don't work, we can choose to learn and grow by trying again! It's all part of understanding My Feelings, My Choices.



Kamala & Maya's Big Idea

By: Meena Harris & Ana Ramirez

Publisher: New York, NY: Balzer + Bray, an imprint of HarperCollins Publishers, 2020

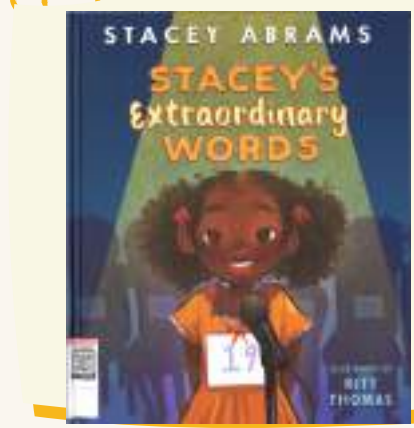
Section: Early Literacy Picture Books

Call No: English HAR

OverDrive Link:

<https://nlb.overdrive.com/media/5077026>

One day, Kamala and Maya had an idea. They would turn their empty apartment courtyard into a playground! Based on a true story, this is the uplifting tale of how the author's aunt and mother first learned to persevere in the face of disappointment and turned a dream into reality. This is a story of children's ability to make a difference and of a community coming together to transform their neighborhood.



Stacey's Extraordinary Words

By: Stacey Abrams and Thomas Kitt

Publisher: New York, NY: Balzer + Bray, an imprint of HarperCollins Publishers, 2021

Section: Early Literacy Picture Books

Call No: English ABR

OverDrive Link:

<https://nlb.overdrive.com/media/6197104>

When she is chosen to compete in the local spelling bee, Stacey learns that, win or lose, her words are powerful, and sometimes perseverance is the most important word of all, in this debut picture book.

Visit NLB OverDrive to access more reads online for you and your child!

<https://nlb.overdrive.com>